

Athene Annuity and Life Company Home Office, West Des Moines, IA 50266 Athene Life Insurance Company of New York Athene Annuity & Life Assurance Company of New York

Home Office, Pearl River, NY 10965

1. CONTRACT INFORMATION						
Contract Number						
Name of Annuitant						
Name of Contract Owner (If different from Annuit	ant)					
Name of Joint Contract Owner (If applicable)						
Address	City		State	Zip		Telephone Number
 TELEPHONE TRANSFER AUTHORIZATI I hereby authorize Athene to accept transfer in I hereby authorize Athene to accept telephone or annuity with the person or persons who can information listed below. 	structio transfe	er instruction	ons related :	to the abov		
Name		SSN. or T	IN No.		Dat	re of Birth (mm/dd/yyyy) / /
Address	City	•	State	Zip		Telephone Number () -
Name of Joint Contract Owner (If applicable)		SSN. or T	IN No.		Dat	ee of Birth (mm/dd/yyyy) / /
Address	City		State	Zip		Telephone Number () -

Any authorization provided to transfer funds is subject to the terms and provisions in the policy and prospectus. I accept any liability that may occur as a result of any telephone transfer or reallocation and hold Athene ("the Company") harmless against any loss, cost, or expense rising out of that telephone transfer or reallocation. I understand (a) that this authorization can be terminated by me at any time by supplying written notification to the Company; and (b) that the Company reserves the right, in its sole discretion, to terminate this authorization at any time.

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3. ASSET REBALANCING (PROGRAM NOT AVAILABLE IF DOLLAR COST AVERAGING IS IN EFFECT.)

This program permits you to automatically rebalance the values in your subaccounts to return to their original percentage allocations.

If telephone transfer privileges have been authorized, you may select or change this program by calling our service center. This program is subject to the terms and provisions of the policy and prospectus.

The minimum allowable period to participate in this program is 6 months. The Fixed Account options are not part of the asset rebalancing.

asset reparationing.	
Rebalance portfolios to the origina	l percentages: Monthly Quarterly Semi-Annually Annually
Designated day:(other than the 29th, 30th, or 31st	_ (withdrawal will occur on the 15th day of the month or any other day designated). If the designated day falls on a non-business day, the transfer will occur the nex
business day.)	

Variable Portfolios:				
Invesco Variable Insurance Funds		T. Rowe Price Equity Series, Inc.		
V.I. Core Equity	%	Blue Chip Growth	%	
V.I. High Yield	%	Equity Income Portfolio-II	%	
		Health Sciences Portfolio-II	%	
Lincoln Variable Insurance Products		Moderate Allocation	%	
LVIP Disciplined Core Value	%			
LVIP Ultra	%	Vanguard Variable Insurance		
LVIP Value	%	VIF Capital Growth	%	
		VIF Mid-Cap Index	%	
BNY Mellon Investment Portfolios		VVIIF Real Estate Index	%	
Small Cap Stock Index Portfolio		VIF Small Company Growth	%	
		VIF Total Bond Market Index	%	
BNY Mellon Stock Index Fund, Inc.	%	VIF Total Stock Market Index	%	
Janus Aspen Series		Fidelity Variable Insurance Products		
Overseas	%	Fidelity VIP Contrafund®	%	
		Fidelity VIP Growth	%	
Lazard Retirement Series, Inc.		Fidelity VIP Investment Grade Bond	%	
Lazard Retirement U.S. Small-Mid Cap Equity	%	Fidelity VIP Mid Cap	%	
		Fidelity VIP Government Money Market	%	
Lord Abbett Series Fund, Inc.		Fidelity VIP Overseas	%	
Calibrated Dividend Growth Fund	%			
Bond Debenture	%			
Growth & Income	%			
Mid Cap Stock	%			
·		TOTAL	100%	

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4. TRANSFER REQUEST

If telephone transfer privileges have been authorized, you may select or change this program by calling our service center. This program is subject to the terms and provisions of the policy and prospectus. If you intend to adjust future allocations, section 7 of this form must be completed. You are entitled to make a certain amount of free transfers during a policy year subject to the terms and provisions of the policy and prospectus. Additional transfers can be made at a cost of \$25 each. Minimum transfer amount is \$250 or whole percentages with a total value of more than \$250. A minimum of \$1,000 must remain in either a Variable or Fixed Account I after a transfer. If your request causes the variable portfolio or Fixed Account I to fall below \$1,000, the entire amount will be moved to the transferring fund.

From: Variable Portfolios			To: Variable Portfolios					
Invesco Variable Insurance Fu	nvesco Variable Insurance Funds			Invesco Variable Insurance Funds				
V.I. Core Equity	\$	or	%	V.I. Core Equity	\$	or	%	
V.I. High Yield	\$	or	%	V.I. High Yield	\$	or	%	
Fred Alger Management, Inc.				Lincoln Variable Insurance Pro	ducts			
Alger American LargeCap Growth, OS	\$	or	%	LVIP Disciplined Core Value	\$	or	%	
Alger American Capital Appreciation, OS	\$	or	%	LVIP Ultra	\$	or	%	
Alger American Midcap Growth, OS	\$	or	%	LVIP Value	\$	or	%	
Lincoln Variable Insurance Pro	ducts			BNY Mellon Investment Portfolios				
LVIP Disciplined Core Value	\$	or	%	Small Cap Stock Index Portfolio	\$	or	%	
LVIP Ultra	\$	or	%	·	I			
LVIP Value	\$	or	%	BNY Mellon Stock Index Fund, Inc.	\$	or	%	
BNY Mellon Investment Portfo	olios			Janus Aspen Series				
Small Cap Stock Index Portfolio	\$	or	%	Overseas	\$	or	%	
BNY Mellon Index Fund, Inc.	\$	or	%	Lazard Retirement Series, Inc.				
				Lazard Retirement U.S. Small- Mid Cap Equity	\$	or	%	
Janus Aspen Series								
Overseas	\$	or	%	Lord Abbett Series Fund, Inc.				
				Calibrated Dividend Growth Fund	\$	or	%	
Lazard Retirement Series, Inc			Bond Debenture	\$	or	%		
Lazard Retirement U.S. Small- Mid Cap Equity	\$	or	%	Growth & Income	\$	or	%	
				Mid Cap Stock	\$	or	%	

^{*} Fixed Account I - not available in AL, MA, WA.

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5. TRANSFER REQUEST (continued)

Lord Abbett Series Fund, Inc.				T. Rowe Price Equity Series, Inc.				
Calibrated Dividend Growth Fund	\$	or	%	Blue Chip Growth	\$	or	%	
Bond Debenture	\$	or	%	Equity Income Portfolio-II	\$	or	%	
Growth & Income	\$	or	%	Health Sciences Portfolio-II	\$	or	%	
Mid Cap Stock	\$	or	%	Moderate Allocation	\$	or	%	
T. Rowe Price Equity Series, In	ıc.			Vanguard Variable Insurance				
Blue Chip Growth	\$	or	%	VIF Capital Growth	\$	or	%	
Equity Income Portfolio-II	\$	or	%	VIF Mid-Cap Index	\$	or	%	
Health Sciences Portfolio-II	\$	or	%	VVIIF Real Estate Index	\$	or	%	
Moderate Allocation	\$	or	%	VIF Small Company Growth	\$	or	%	
	•	•	•	VIF Total Bond Market Index	\$	or	%	
Vanguard Variable Insurance				VIF Total Stock Market Index	\$	or	%	
VIF Capital Growth	\$	or	%		•			
VIF Mid-Cap Index	\$	or	%	Fidelity Variable Insurance Pr	oducts			
VVIIF Real Estate Index	\$	or	%	Fidelity VIP Contrafund®	\$	or	%	
VIF Small Company Growth	\$	or	%	Fidelity VIP Growth	\$	or	%	
VIF Total Bond Market Index	\$	or	%	Fidelity VIP Investment Grade Bond	\$	or	%	
VIF Total Stock Market Index	\$	or	%	Fidelity VIP Mid Cap	\$	or	%	
		·		Fidelity VIP Government Money Market	\$	or	%	
Variable Insurance Products				Fidelity VIP Overseas	\$	or	%	
Fidelity VIP Contrafund®	\$	or	%					
Fidelity VIP Growth	\$	or	%	Fixed Account I*	\$	or	%	
Fidelity VIP Investment Grade Bond	\$	or	%					
Fidelity VIP Mid Cap	\$	or	%					
Fidelity VIP Government Money Market	\$	or	%					
Fidelity VIP Overseas	\$	or	%					
Fixed Account I	\$	or	%					
TOTAL	\$		100%	TOTAL	\$		100%	

^{*} Fixed Account I - not available in AL, MA, WA.

6. INTEREST SWEEP

If telephone transfer privileges have been authorized, you may select or change this program by calling our service center. This program is subject to the terms and provisions of the policy and prospectus.

This program permits you to automatically transfer the interest earned in Fixed Account I* to another subaccount(s). The amounts allocated into dollar cost averaging are excluded from this program.

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6. DOLLAR COST AVERAG	ING (cont	inue	e)				
Transfer interest in Fixed Account	I* ☐ Mon	thly	Quarte	erly into the following sub accou	nt(s):		
				%			
				%			
TOTAL				100 %			
	مرام والخنيين	امييي	مريم مالانين				
Designated day: other than the 29th, 30th, or 31 ousiness day.)							
6. DOLLAR COST AVERAGI	NG						
If telephone transfer privileges ha This program is subject to the teri					by calling o	ur sei	vice center.
Total contract value must be \$10 months (please select below). If y automatic withdrawal or minimur value in the selected transfer port	you particip m distributi	oate on p	in dollar co	ost averaging, you may not sele	ct or partic	ipate	in either an
Designated day: (other than the 29th, 30th, or 31 business day.)							
A. Please elect either 🗆 6 month	OR 🗆 12 m	nont	h dollar cos	t averaging			
B. Select Portfolio to transfer FRO	M one of th	ne fo	llowing:	☐ Money Market ☐ F	ixed Accou	nt l*	Other
C. Select the % or \$ amount to be	transferred	d (m	inimum \$25				
D. Indicate total % or \$ amount to							
To:			(11111111111111111111111111111111111111		/σ σι φ		
Invesco Variable Insurance Fu	nds			T. Rowe Price Equity Series, I	nc.		
V.I. Mid Cap Growth	\$	or	%	Blue Chip Growth	\$	or	%
V.I. Core Equity	\$	or	%	Equity Income Portfolio-II	\$	or	%
V.I. High Yield	\$	or	%	Health Sciences Portfolio-II	\$	or	%
				Moderate Allocation	\$	or	%
Lincoln Variable Insurance Pro	ducts						
LVIP Disciplined Core Value	\$	or	%	Vanguard Variable Insurance			
LVIP Ultra	\$	or	%	VIF Capital Growth	\$	or	%
LVIP Value	\$	or	%	VIF Mid-Cap Index	\$	or	%
	1		J.	VIF Real Estate Index	\$	or	%
BNY Mellon Investment Portfo	lios			VIF Small Company Growth	\$	or	%
Small Cap Stock Index Portfolio	\$	or	%	VIF Total Bond Market Index	\$	or	%
·	<u> </u>		l	VIF Total Stock Market Index	\$	or	%
BNY Mellon Stock Index	\$	or	%		<u> </u>		

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6. DOLLAR COST AVERAGING (continue)

Janus Aspen Series				Fidelity Variable Insurance Pr	oducts	, ,	
Overseas	\$	or	%	Fidelity VIP Contrafund®	\$	or	%
	,			Fidelity VIP Growth	\$	or	%
Lazard Retirement Series, Inc.				Fidelity VIP Investment Grade Bond	\$	or	%
Lazard Retirement U.S. Small- Mid Cap Equity	\$	or	%	Fidelity VIP Mid Cap	\$	or	%
		·		Fidelity VIP Government Money Market	\$	or	%
Lord Abbett Series Fund, Inc.				Fidelity VIP Overseas	\$	or	%
Calibrated Dividend Growth Fund	\$	or	%				
Bond Debenture	\$	or	%				
Growth & Income	\$	or	%				
Mid Cap Stock	\$	or	%				
				TOTAL	\$	or	%

^{*}Not available in AL, MA or WA.

7. ALLOCATION OF FUTURE PREMIUM PAYMENTS

If telephone transfer privileges have been authorized, you may select or change this program by calling our service center. This program is subject to the terms and provisions of the policy and prospectus. Must be in whole percentages and total 100%.

Invesco Variable Insurance Funds		T. Rowe Price Equity Series, Inc.			
V.I. Core Equity	%	Blue Chip Growth	%		
V.I. High Yield	%	Equity Income Portfolio-II	%		
		Health Sciences Portfolio-II	%		
Lincoln Variable Insurance Products		Moderate Allocation	%		
LVIP Disciplined Core Value	%				
LVIP Ultra	%	Vanguard Variable Insurance			
LVIP Value	%	VIF Capital Growth	%		
		VIF Mid-Cap Index	%		
BNY Mellon Investment Portfolios		VIF Real Estate Index	%		
Small Cap Stock Index Portfolio	%	VIF Small Company Growth	%		
		VIF Total Bond Market Index	%		
BNY Mellon Stock Index Fund, Inc.	%	VIF Total Stock Market Index	%		
Janus Aspen Series		Fidelity Variable Insurance Products			
Overseas	%	Fidelity VIP Contrafund®	%		
		Fidelity VIP Growth	%		
Lazard Retirement Series, Inc.		Fidelity VIP Investment Grade Bond	%		
Lazard Retirement U.S. Small-Mid Cap Equity	%	Fidelity VIP Mid Cap	%		
		Fidelity VIP Government Money Market	%		
		Fidelity VIP Overseas	%		

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7 ALLOCATION OF FUTURE REPMI	ING DAVAGEN	TC (,, , , , , , , , , , , , , , , , , , , ,	\-
7. ALLOCATION OF FUTURE PREMIL Lord Abbett Series Fund, Inc.	JM PAYMEN	Fixed I* (\$5,000 Minimum	n)	%
Calibrated Dividend Growth Fund	%	TIXCUT (\$0,000 MIIIIIIIII	,	70
Bond Debenture				
Growth & Income	%			
Mid Cap Stock	%			
		TOTAL		%
*Not available in AL, MA or WA.		I		
8. YOUR CONFIRMATION				
I submit this request for the proposed change change. I hereby request that such changes b		d complete understanding o	of each and ever	y requested
Owner's Signature	Owner's Title (i	f corporation or trust)	Signature Date	(mm/dd/yyyy)
X			/	/
Joint Owner's Signature	Joint Owner N	ame (please print)	Signature Date	(mm/dd/yyyy)
X			/	/
If you are signing on behalf of the owner, plead applies to the capacity in which you are signing Conservatorship, or Guardianship documents Conservator Guardian Power Signature	ng. If you have s to verify you a	not already done so, please are authorized to act on beha	provide your Pov	ver of Attorney,
X			/	/
Print Name				

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