

Athene Annuity and Life Company Home Office, West Des Moines, IA 50266

Athene Life Insurance Company of New York Athene Annuity & Life Assurance Company of New York

Home Office, Pearl River, NY 10965

INSTRUCTIONS

Use this form to begin receiving systematic withdrawals under your contract.

This form may not be used for TSA/403(b) contracts, or Required Minimum Distributions. Please call the service center for the appropriate form.

1. INFORMATION ABOUT THE OWNER					
Individual, Trustee, or Company Name					
If Trust, list Trust Name and Trust Date					
Contract Number					
Date of Birth (mm/do	d/yyyy) Social Security Num 	nber/TIN	Contact T	elephone Num	ber
Mailing Address		Email Address			
City			State	Zip	Address Change Requested:*
Street Address (REQUIRED if mailing address is a P.O. Box)					
City				State	Zip
* For your protection	, confirmation of your addr	ress change will be	sent to you	u prior to proce	ssing this request.
2. YOUR PAYMEN	NT OPTIONS				
Payments: Please select one of the following options. PLEASE NOTE: All options are NOT available for all products. We will contact you if you select an option that is not available to your contract.					
Penalty Free Amount Interest* (if available)					
☐ Gro	Gross Amount* - Please send me a gross amount of \$\\\$ each period.				
Specified Percentage* of the accumulation value \(\frac{\%}{\sigma}\). (Amount will be recalculated each contract anniversary and distributed equally among all payments.)					
*If the a	*If the amount elected exceeds the amount available without penalty, charges will be applied.				
Frequency: The minimum payment is \$100.00 per frequency.					
Annual Semi-Annual Quarterly Monthly					
Please process my payments on / / (mm/dd/yyyy) (Not all dates are available for all contracts. If your desired date is not available we will set your withdrawal to the next available date.)					

57200T Ver. 10/24 Page 1 of 3

Systematic Withdrawal Request



3. YOUR DIRECT DEPOSIT

Payment Method

For Athene to deposit money directly in your bank account using electronic funds transfer (EFT), please provide your banking information below. Athene will perform bank account validation using third party software and if approved, Athene will utilize the banking information provided for this request and all future disbursements until Athene receives written notification to terminate or suspend the banking information. Athene may contact your financial institution to verify information regarding the banking information and to resolve any problems related to electronic deposits or errors in deposit. The date of the disbursement is when the funds are removed from your contract, not the date the funds are posted to your bank account. It may take 2-3 business days to reach your account. This processing time is dependent on your bank. Weekends and holidays may delay access to your monies, and you can contact your bank for additional information relating to fund access. (Note: If your contract is not eligible for EFT, we do not have validated EFT instructions on file, or your financial institution account information cannot be authenticated, your payments will be sent to your address of record by regular mail.)

Account Name (as it appears on the account)	Bank Name
Routing Number (Bottom left of check):	Account Number (Bottom center of check):
Checking - A voided/blank check accompanying this form is not required but preferred.	Name → Joe Smith 123 Any Street Any City, US 12345 Pay to the order of ABC Bank PO Box 111 Any City, US 11111 Memo :107198557: 1111111 1234 Routing /Transit / Account Number Check Number ABA No.

NOTE: Your signature below authorizes Athene to electronically credit or, if necessary, electronically debit your account. If an incorrect amount is deposited this authorizes Athene to direct your bank to debit this account. This authorization will remain in effect until revoked. Direct Deposit requests can only be accepted for U.S. bank accounts. Athene reserves the right to stop EFT should suspicious activity be identified.

4. YOUR TAX WITHHOLDING ELECTION

Federal income tax withholding instructions (select one option only):

The withdrawal you receive from your annuity contract is subject to 10% federal income tax withholding. You may elect to not have withholding apply. Withholding will only apply to the portion of your withdrawal included in your income subject to federal income tax. If you choose to withhold federal income tax, we may also be required to withhold state income tax. Applicable state income tax will be withheld as appropriate. If you DO NOT make a withholding election, 10% federal income tax will be withheld.

federal income tax will be withheld.
☐ Do not withhold federal income taxes from my payment
☐ Withhold federal income tax at the default rate of 10%
☐ Withhold federal income tax based upon the enclosed W-4R. To elect a different rate of withholding other than 10%, the IRS requires you submit Form W-4R, Withholding Certificate of Nonperiodic Payments and Eligible Rollover Distribution. You can access this form on the IRS.gov website.

57200T Ver. 10/24 Page 2 of 3

Systematic Withdrawal Request



State income tax withholding instructions (select one option only):

you do not provide this state specific f than what has been elected below, we	I you receive, some states require a state speci- orm, make an election or if your state requires a will withhold at the rate specified by your state of office. If state withholding is elected and no pe	greater amount of state withholding of residence on file until the required
Do not withhold state income tax		
☐ Withhold% or \$	state income tax from my payment.	
income tax withheld, you under the estimated tax ru	ithholding apply to your withdrawal or if yoney be responsible for payment of estimates if your withholding and estimated taxur personal tax advisor regarding your speci	ited tax. You may incur penalties payments are not sufficient. We
NOTE: I understand that this withdrav contract.	val is subject to any applicable surrender or with	ndrawal charges as defined in the
number to be issued to me), and 2. I am not subject to backup withho (a) I am exempt from backup withlo (b) I have not been notified by the of a failure to report all interest or (c) the IRS has notified me that I ar 3. I am a U.S. citizen or other U.S. pe 4. The FATCA code(s) entered on Exemption from FATCA reportir Instructions on IRS Form W-9.) If y may leave this field blank. Certification Instructions: You must created	expayer Identification Number shown on this fo Iding because: nolding, or Internal Revenue Service (IRS) that I am subject	t to backup withholding as a result RS Form W-9), and t from FATCA reporting is correct. odes can be found in the General at you hold in the United States, you
The Internal Revenue Service does certifications required to avoid bac	not require your consent to any provisions on which withholding.	of this document other than the
Owner/Trustee's Signature	Owner's Title (if corporation or trust)	Signature Date (mm/dd/yyyy)
Joint Owner's Signature	Joint Owner Name (please print)	Signature Date (mm/dd/yyyy)
X		/ /
to indicate the capacity in which you a	ner, print your name and provide your signature are signing. Provide documentation with the rec ave not sent this documentation to us previousl	quest that verifies your authorization
Conservator	ardian Power of Attorney	Assignee
Signature		Signature Date (mm/dd/yyyy)
X		/ /

57200T Ver. 10/24 Page 3 of 3