

Athene Annuity and Life Company Athene Annuity & Life Assurance Company Home Office, West Des Moines, IA 50266

Athene Life Insurance Company of New York Athene Annuity & Life Assurance Company of New York

Home Office, Pearl River, NY 10965

INSTRUCTIONS

- Use this form to request a Settlement Option and begin receiving payments from your contract.
- You may request a quote of these options by calling our Customer Contact Center.
- Once a Settlement Option has been selected and payments have begun the Settlement Option may not be changed or terminated.

I. OWNER INFORMATION						
Individual, Trustee or Company Name						
If Trust, list Trust Name and Trust Date		Email Address				
Policy/Contract Number(s)		Address Change Requested*				
Mailing Address		I				
City	State		Zip	Country		
Street Address (REQUIRED if mailing address is a P	CO. Box)					
City	State		Zip	Country		
Social Security Number	Date of Birth (mm	3333	Personal P	hone		
* For your protection, confirmation of your address of There is a 10-day hold period on any financial tran				ing this request.		
2. SETTLEMENT OPTIONS (all options may no	t be available per d	contract prov	visions and/	or IRS guidelines)		
Please select from the following options:						
Life Annuity - Payments will only be made for th the annuitant.	e lifetime of the an	nuitant. No p	payments w	ill be due after the death of		
Life Annuity with Period Certain - Payments we to exceed 20 years) and thereafter for the lifetime Period, if any, will be paid to the beneficiary upon cease upon the death of the annuitant.	ne of the annuitant the death of the an	. The balanc	e of the pay	yments for the Guaranteed		
Period Certain Annuity - Payments will be madend of the elected period. 10 Years 20 Years Other	de for a fixed peri	od from 5 to	20 years.	Payments will cease at the		

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3. PAYMENT FREQUENCY
☐ Monthly ☐ Quarterly ☐ Semi-Annually ☐ Annually
Please start my payments on (mm/dd/yyyy)
(Not all dates are available for all contracts. If your desired date is not available we will set your withdrawal to the next available date.)
If no payment start date is elected, payment will be made on the first available date after all documents are received in good order.
4. YOUR DIRECT DEPOSIT
To provide faster access to your money, we will deposit your money directly in your bank account using electronic funds transfer (EFT). Weekends and holidays may delay your withdrawal. Please provide the following information:
Account Name (as it appears on the account) Bank Name
Routing Number (Bottom left of check): Account Number (Bottom center of check):
Type of account: (Your name must appear on the account in order to process your request.) Name of Account Pay to the order of Pay to the order of Section Pay to the order of Section Section Name of Account Name of Acc
□ Checking Bank Name → Dollars ABC Bank PO Box 111
Savings Savings 11111 1234
Please submit account certification by attaching a voided check or a verification letter on bank letterhead signed by a bank representative.
I acknowledge: (1) this request is to remain in effect until Athene receives written notification of termination in such time and in such manner to afford Athene and the Depository a reasonable opportunity to act on the notification, (2) the date of transfer is when the funds are removed from my contract, not the date the funds are posted into my bank account (it may take 2-3 business days for funds to transfer).
5. YOUR TAX WITHHOLDING ELECTION
Federal Income tax withholding instructions (select one option only): Your annuity payments are subject to federal income tax withholding unless you elect to not have withholding apply. Withholding will only apply to the portion of your annuity payment that is subject to federal income tax and will be like wage withholding. You may elect to not have withholding apply. Your election will remain in effect until revoked. You may revoke your election at any time. If you DO NOT make an election, federal income tax will be withheld from the taxable portion of your annuity payments as if you are single with no allowances. NOTE: Periodic annuity payments for qualified plans or tax-sheltered annuities with only a period certain payout for less than 10 years, federal tax law requires withholding the mandatory tax of at least 20%.
Do not withhold federal income tax from my payment.
Withhold federal income tax at the default rate.
Withhold federal income tax based upon the enclosed W-4P or the previously submitted W-4P. To allow for a different rate of withholding other than single with no allowances, the IRS requires you submit form W-4P, Withholding Certificate for Periodic Pension or Annuity Payments. You can access this form on the IRS.gov website. Once a W-4P is submitted, it will apply to all future payments unless you submit a new W-4P.

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5. YOUR TAX WITHHOLDING E	LECTION (continued)					
State income tax withholding instru	uctions (select one op	otion only):					
Do not withhold state income ta	x from my payments.						
Withhold% or \$ state income tax from my payment.							
NOTE: If you elect to not have with tax withheld, you may be responsib tax rules if your withholding and e personal tax advisor regarding you	ple for payment of est estimated tax payme or specific tax situatio	imated tax. Yo nts are not su	u may incur pe	enalties under	the estimated		
6. NEW BENEFICIARY ELECTIO							
Percentages for all beneficiaries must all surviving beneficiaries. If a new ber				vill be divided e	equally among		
Full Name of Individual, Trust, or Company*		Check one* ☐ Primary ☐ Contingent		Percentage*	%		
Social Security Number/Tax Identification Number*		Date of Birth* (mm/dd/yyyy) / /					
Street Address		City		State	Zip		
Telephone Number	Relationship to Claim	ant*	Email Address	3			
Full Name of Individual, Trust, or Company*		Check one* Primary Contingent		Percentage*	%		
Social Security Number/Tax Identifica	ation Number*	Date of Birth*	(mm/dd/yyyy) /	/			
treet Address		City		State	Zip		
Telephone Number	Relationship to Claim	nant* Email Address		}			
Full Name of Individual, Trust, or Company*		Check one* ☐ Primary ☐ Contingent		Percentage*			
Social Security Number/Tax Identification Number*		Date of Birth* (mm/dd/yyyy) / /					
Street Address		City		State	Zip		
Telephone Number	Relationship to Claimant*		Email Address	5			

*Required fields.

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6. N	EW BENEFICIARY ELECTION	N (continued)						
Full Name of Individual, Trust, or Company*			Check one* Primary Contingent		Percentage*			
Social Security Number/Tax Identification Number* ——————————— Street Address		Date of Birth* (mm/dd/yyyy)						
		City		State Zip		Zip		
Tele	phone Number	Relationship to Claim	l nant*	Email Addre	l ddress			
You m	uired fields. hay also use additional blank paged, labeled with the word "Attachneck this box if you need more s	nent," and include the	contract num	ber and all requ	ired benefic			
	RS CERTIFICATION	pace and have attach	a daditional	pages to your re	, , , , , , , , , , , , , , , , , , ,			
2. la (a) (b) (c) 3. la 4. Th	ne Social Security Number or Taxumber to be issued to me), and am not subject to backup withhold I am exempt from backup withold I am exempt from backup withold I have not been notified by the a failure to report all interest or the IRS has notified me that I are am a U.S. citizen or other U.S. pene FATCA code(s) entered on the emption from FATCA reporting on IRS Form W-9.) If you are only seld blank.	olding because: holding, or Internal Revenue Servent dividends, or molonger subject to erson (as defined in the is form (if any) indication code (if any):	vice (IRS) that be backup with a General Insting that I am e ATCA reporting an account years of the count of	l am subject to be holding, and ructions of IRS F exempt from FA ng codes can be you hold in the U	oackup withh form W-9), a TCA reportir found in the Jnited States y the IRS tha	noldin nd ng is c Gene s, you at you	og as a l correct. eral Inst may le u are c	result of cructions eave this
The I	ct to backup withholding becau nternal Revenue Service does fications required to avoid bac	not require your cor			•			n the
	er Signature	.kup withinolaling.			Date (mm/d	d/yyy	y)	
X	Ç				/	,,,	/	
Own	er's Title (if Trust or Corporation)							
Joint	Owner Signature				Date (mm/d	d/yyy	y)	
X					/		/	
applie Conse	are signing on behalf of the owes to the capacity in which you a ervatorship, or Guardianship documents.	re signing. If you have	not already d	lone so, please p d to act on beha	orovide your	Powe		
Signa	ature				Date (mm/d	ld/yyy	y)	
Χ					/		/	
Print	Name							

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